On the 28th of September 2017, Vernon's latest work, the Theta Frequency Session #1 will be presented in the prestigious Salle Dufy of the Musée d’Art moderne de la Ville de Paris. It is the result of over 20 years of research on the effects of constraint and partial or total suspension of the human body and mind. The aim is to induce the Theta Brainwave Frequency state and its benefits via the horizontal suspension of a subject. This is achieved by using leather straps that are attached to a steel and brass structure. As the state of abandonment advances, the subject's brain begins to emit the Theta Brainwave Frequency, which is also registered during trance, hypnosis, deep meditation, and even orgasm. During the session the body’s electrical impulses will be registered and the sounds will be emitted.

Theta Frequency Session #1 is a physical experiment that also offers therapeutic properties. The duration of the session is approximately 25 minutes. Betony invites the audience to engage with the subject by practicing what is known as synchronization. This is achieved by simply being present and mirroring the energy of the session, the breath of Betony and her subject and the calm state that is inherent to the emission of the Theta Brainwave Frequency. Indirectly, each member of the audience will also be able to experience the benefits.

**THE THETA RIG**

The Theta Rig is a collapsible steel and brass structure that when assembled measures 3m x 2,25m x 1,5m. It has been developed to allow Betony's Theta Frequency Session method to travel.

**BETONY VERNON**

**Theta Rig**

2017

Steel, brass & leather
3m x 2,25m x 1,5m

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Nothing reveals the functionality of the objects Betony Vernon designs. Yet, her works are at the service of the body, exacerbated, loved. Betony Vernon is invested in the field of erotic and sensual doing. The development of her work is multidisciplinary, spanning sessions of practical teaching and curative sharing, the writing of her book *The Boudoir Bible* and the design of sublime objects — jewels, sculpture, furniture, objets d’art — as well as happenings. Through this wide fan of mediums, none of which abstract the human body, Betony Vernon signs an aesthetic of wellness, a sophisticated interaction to the other and above all, to oneself.

— Michele Heuze, 2017

Daring, provocative and boundary-defying, Betony Vernon is an American-born designer, sexual anthropologist and author based in Paris. Her aesthetic is formed by her explorations in spirituality, sex, sensuality and the erotic body realm. She holds degrees in Art History and Metalsmithing from Virginia Commonwealth University as well as a master’s degree in Industrial Design from Domus Academy in Milan, Italy. In 2017 she certified as a clinical hypnotherapist in order to further her ongoing research and transformational work in sexual well-being, abuse and trauma.

Her design work has been included in a number of international exhibitions from the Victoria and Albert Museum in London to the Triennale Design Museum in Milan.
On the 28th of September 2017, the Theta Frequency Session #1 was presented in the prestigious Salle Dufy of the Musée d’Art moderne de la Ville de Paris. It is the result of Betony Vernon’s 20 years of research on the effects of constraint and partial or total suspension of the human body and mind. The aim is to induce the Theta Brainwave Frequency state and its benefits via the horizontal suspension of a subject. This is achieved by using leather straps that are attached to a steel and brass structure. As the state of abandonment advances, the subject’s brain begins to emit the Theta Brainwave Frequency, which is also registered during trance, hypnosis, deep meditation, and orgasm. During the session the body’s electrical impulses will be registered and the sounds will be emitted.
view of the Theta Frequency Session #1, Musée d’Art Moderne de la Ville de Paris, 2017.
The Origin Chair, a functional sculpture carved in statuary marble from Italy, was unveiled in December 2012 at the Triennale Design Museum in Milan and has since traveled to MUDAC-Museum of Design and Contemporary Art in Lausanne. In November 2015 the work was also exhibited in Vernon’s carte blanche Installation for the Gewerbemuseum in Winterthur.

**Origin Chair**
2012
White statuary marble with silver handle
56cm x 105cm x 112cm
280kg
6+2 artist edition
World Eggs
2014
White statuary marble
exhibition view
carte blanche, Nirvana, Strange forms of pleasure MUDAC,

Origin Chair
2012
White statuary marble with silver handle
exhibition view
carte blanche, Nirvana, Strange forms of pleasure, MUDAC,
Origin Monument
3D preview
White statuary marble
217cm x 101cm x 150cm
1000kg

Origin Monument
work in progress
White statuary marble
217cm x 101cm x 150cm
1000kg
unique piece
The Glam Clam was part of the exhibition Les Flammes – the Age of Ceramics curated by Anne Dressen in the Musée d’Art Moderne of Paris. This functional sculpture is entirely handcrafted in ceramic and was exhibited alongside Marcel Duchamp’s iconic Fountain (1917) and hundreds of other impactful works from past to present.
In 2017, Vernon unveiled the Boudoir Box for the first time to the general public during MEDUSA, a group exhibition at the Musée d’Art Moderne de la Ville de Paris, France. The transportable work was created in 1999 to present her erotic jewelry designs to collectors around the world. A selection of her designs is currently exhibited in Winterthur at the Gewerbemuseum in the group exhibition Federn/Feathers 2019-2020.
The Boudoir Box
1999-2000
Sterling Silver, leather & feathers
63cm x 33cm x 19cm
Edition: 10
Musée d’Art Moderne de la Ville de Paris
detailed view of a selection of The Boudoir Box's jewel-tools
1999-2000
Sterling Silver, leather & feathers
SELECTED EVENTS & EXHIBITIONS

2021-22 Les Flammes, Museum of Modern Art, Paris, France
2020 Boudoir Box Event, Saint Josephs Art Society, San Francisco, USA
2019 Federn, Gewerbemuseum, Winterthur, Switzerland
2017 Medusa, Musée d’Art Moderne de la Ville de Paris, France
2016 BODY, Wroclaw, Poland
2015 Strange Forms of Pleasure, Gewerbemuseum, Winterthur, Switzerland
2014 Nirvana, Strange forms of pleasure, MU DAC Museum of Design and Contemporary Art, Lausanne, Switzerland
2013 Soul-less shoes, GRASSI Museum of Applied Arts in Leipzig, Germany
KAMA Sex and Design, Triennale Design Museum-Milan, Italy
2012 Selling Sex, SHOWStudio, London, UK
2011 Limited/Unlimited, Casanatense Library, Rome, Italy
2009 The Fashion Body, curated by Nick Knight, Somerset House, London, UK
2009 Red Light Design, Salone del Mobile, Milan, Italy
2008 Sex in Design, Design in Sex, Museum of Sex, New York, USA
2005 Touch Me, Victoria and Albert Museum, Contemporary Gallery, London, UK
2003 Body Craze, curated by Rankin, Selfridges, London, UK
2002 Science of Love, Permanent Collection, Fukui Prefecture Museum of Design, Japan
SELECTED EVENTS & EXHIBITIONS

2021-22 *Les Flammes*, Museum of Modern Art, Paris, France

2020 *Boudoir Box Event*, Saint Joseph's Art Society, San Francisco, USA

2019 *Federn*, Gewerbemuseum, Winterthur, Switzerland

2017 *Medusa*, Musée d’Art Moderne de la Ville de Paris, France

2016 *BODY*, Wroclaw, Poland

2015 *Strange Forms of Pleasure*, Gewerbemuseum, Winterthur, Switzerland

2014 *Nirvana, Strange forms of pleasure*, MU DAC Museum of Design and Contemporary Art, Lausanne, Switzerland

2013 *Soul-less shoes*, GRASSI Museum of Applied Arts in Leipzig, Germany

*KAMA Sex and Design*, Triennale Design Museum-Milan, Italy

2012 *Selling Sex*, SHOWStudio, London, UK

2011 *Limited/Unlimited*, Casanatense Library, Rome, Italy

2009 *The Fashion Body*, curated by Nick Knight, Somerset House, London, UK

2009 *Red Light Design*, Salone del Mobile, Milan, Italy

2008 *Sex in Design, Design in Sex*, Museum of Sex, New York, USA


2003 *Body Craze*, curated by Rankin, Selfridges, London, UK

2002 *Science of Love*, Permanent Collection, Fukui Prefecture Museum of Design, Japan

Glam Clam


A selection of jewel-tools

*Federn*, Gewerbemuseum, Winterthur, 2019